



Guide to making a Bequest



For a healthier rural PNG

 **Head Office** Level 15, 115 Pitt Street Sydney NSW 2000, Australia

 + 61 2 9907 8988

 adioffice@adi.org.au

 www.adi.org.au



ABN 15 718 578 292





How your gift will make a difference

When you support ADI, you help bring critical healthcare to some of the most remote and underserved communities in Papua New Guinea. Your gift enables us to reach people in hard-to-access areas—by boat, small aircraft, or on foot—ensuring that no one is left behind. Your generosity directly supports our work to strengthen local health systems and improve the lives of vulnerable populations. This includes delivering life-saving **maternal and child health programs**, where we provide antenatal care, safe birthing support, immunisations, family planning and training for local health workers. In regions where maternal and infant mortality remain unacceptably high, your gift helps give babies a healthier start and mothers the care they need to survive childbirth.

Your support also empowers us to improve **services for people with disabilities**. Many faces exclusion, stigma, and limited access to health and rehabilitation. ADI works with local health teams to increase awareness, provide training in inclusive care, and support access to assistive devices—ensuring people with disabilities receive the dignity and healthcare they deserve.

With your help, your gift helps ADI address **gender-based violence (GBV)**, a serious and widespread issue in PNG. We integrate GBV prevention and response into our programs by training healthcare workers to recognise signs of abuse, provide safe and confidential support and refer survivors to essential services. By raising awareness and equipping communities with tools to respond to violence, we help break cycles of harm and support healing.

Every dollar you give helps build healthier, more resilient communities.

When you leave a gift in your Will to ADI, you can be assured that your legacy will work for a healthier PNG for many years to come.

Case Study: Transforming Maternal and Neonatal Care through On-Site Training

Papua New Guinea's rural clinics, HCWs often face complex delivery scenarios with limited resources and outdated practices. A key example is the management of a nuchal cord birth, where the umbilical cord is tightly wrapped around the baby's neck, posing risks to both mother and child. Historically, HCWs were trained to clamp and cut the cord immediately, a method that can be dangerous if the baby's delivery is delayed. Recognising this gap, our program introduced updated evidence-based practices through hands-on training sessions, empowering HCWs with safer delivery techniques.

As part of our Baby Bundle Incentive, ADI introduced maternal and newborn health education sessions, where we conducted an on-site training session, one of the topics, focusing on managing nuchal cord births. The training introduced the somersault manoeuvre, a safer and more effective method for handling tight nuchal cords. HCWs were taught how to guide the baby's body through the loop of the cord during delivery, preventing the need to clamp and cut prematurely.

The training's impact was demonstrated the very night following the session. At two clinics, HCWs encountered deliveries where the babies presented with tight

nuchal cords. In the past, these HCWs would have clamped and cut the cords, potentially causing complications if delivery was delayed. However, with their new knowledge, the HCWs successfully employed the somersault manoeuvre under supervision. Both mothers and babies experienced safe and successful deliveries, marking a significant shift in practice and outcomes.

This case highlights the critical importance of on-site, scenario-based training in equipping HCWs with life-saving skills. It also underscores the rapid adaptability of HCWs when provided with practical, evidence-based techniques. The immediate application of the somersault manoeuvre not only improved delivery outcomes but also increased HCWs' confidence in managing high-risk situations.





How to leave a gift in your Will

Every gift in the Will, no matter how big or small, helps Australian Doctors International (ADI) to work towards a healthier PNG.

Leaving a Bequest has big impact - and it's so easy to do! Here's how you can leave a gift in your Will.

Step 1: Speak to your family and loved ones

It is essential that you provide for your loved ones first. Leaving a bequest is a personal decision for you to make, however we recommend letting your loved ones know that you are planning to also leave a gift to Australian Doctors International (ADI).

Step 2: Decide what kind of gift to leave

There are 3 main ways to make a gift in your Will to Australian Doctors International (ADI):

- **A residual bequest.** You can make a gift of the residue (or remainder), or a percentage of the residue, of your estate once specific gifts and expenses have been taken care of.
- **A specified amount.** You can make a specific bequest by simply stating the dollar amount in your Will that you wish to leave to Australian Doctors International (ADI).
- **An asset.** You may wish to make a gift of a specific asset, for example real estate, shares or bonds.

Step 3: get the help of a professional

Your Will is an important legal document, and a solicitor or public trustee can help you ensure that your paperwork is in order, worded correctly and presented in the right way. in order to make this as easy as possible we have included suggested wording which you can take to your solicitor for guidance.

Step 4: Making your Will

Your Will must be in writing (handwritten, printed or typed) and include specific wording. It must be signed and dated on every page. Your signature must be witnessed by TWO people who are not named as beneficiaries of your estate. They both need to sign their own name on every page of your Will. Your solicitor will be able to assist you.

Step 5: That's it!

Once your paperwork is in order, you can trust that you will be making a lasting difference to the lives of children and families in some of the most remote communities of PNG that will have impact for generations to come. If you choose to leave a gift in your Will, please let Australian Doctors International (ADI) know so that we can thank you!

How to amend your Will

If you have already written your Will, the easiest way to make a gift to Australian Doctors International (ADI) is to add a codicil – a short legal amendment – to your Will. This can be organized with a phone call or email to your solicitor, followed by a visit to their office to finalize the amendment and sign the codicil.

Suggested Wording

"I.....bequeath to
Australian Doctors International (ADI) Ltd
ABN 15 718 578 292 registered office
Level 15/ 115 Pitt Street Sydney NSW 2000
[insert the percentage or residue of your estate, the amount of money, or the details of assets you wish to leave].

My bequest is to be used for the general purposes of Australian Doctors International (ADI).

I declare that the receipt of an executive officer at the time shall be a sufficient discharge of my executor's duty."

For More Help

We're here to help. To speak to us about making a gift in your Will, please give our office a call on **(02) 9907 8988** or email adioffice@adi.org.au.

We would love to have you come in to the office to meet the team and hear more about the work we do. Alternatively, a Board member can come to your home to meet with you at a time that suits to discuss the impact your bequest could have.



Our Promise To You

- We respect your privacy and decision to make a gift provision in your Will.
- We respect that you can always change your mind, that your family and loved ones will always come first
- We will treat your gift with the respect and sensitivity it deserves.
- We will keep you and your family updated on our work and how your gift will help provide and strengthen health services in some of the most rural and remote communities in PNG.

Thank you



Other FAQs

What is a gift in Will?

If you make a gift provision in your Will to Australian Doctors International (ADI), you are giving a designated financial amount or percentage of your estate, in cash, property, securities or other assets, to help fund programs that work towards a healthier PNG. Leaving a gift to a charity in your Will is often called a bequest.

How can I make a gift in my Will to Australian Doctors International (ADI)?

We have included recommended wording for your Will with this booklet. We advise that you take this as the basis of a discussion with your loved ones, solicitor or public trustee. We appreciate that you may have particular interests you would like to discuss that may influence the wording so please get in touch. We welcome your obligation-free enquiries. All discussions will be confidential.

Should I notify you if I have made a gift to ADI in my Will?

Leaving a gift in your Will to Australian Doctors International (ADI) is one of the most thoughtful ways to support vulnerable communities in PNG into the future. Your gift shows foresight and commitment, but we understand it can be a private matter. If you do let us know about your gift, we can properly prepare to receive it, and plan ahead. We would also love to express our appreciation, keep you up to date with our work and invite you and your family to relevant events.

I've already made my Will, can I still make a gift?

If you've already drafted your Will, you can make an amendment by adding a codicil to include Australian Doctors International (ADI). We

recommend you seek independent professional advice to ensure that your wishes are expressed correctly.

My gift is only modest, does that matter?

Australian Doctors International (ADI) is honoured to have the trust and support of people like you. Every gift, no matter how small or large, makes a difference and is greatly appreciated.

Is my gift tax deductible?

Australian Doctors International (ADI) is registered as a Deductible Gift Recipient. Provided that your gift brings no material or tangible benefits to you under the rules specified by the Australian Taxation Office, monetary or other gifts to Australian Doctors International (ADI) are generally allowable for deductions for Australian income tax purposes. Donors should, however, seek independent advice from their legal and/or taxation advisor.

Do I have to specify how my gift is used?

A gift in your Will is generally unrestricted as this helps us provide funding for the most pressing needs in the future. Greater flexibility increases our capacity to respond to changing needs and priorities in remote communities of PNG. It is often beneficial for a benefactor to have a personal discussion with Australian Doctors International (ADI) staff or Board member about a bequest intention to ensure that Australian Doctors International (ADI) can execute the gift according to the benefactor's wishes.

Thank you!